

DIABETES RISKS

IF DIABETIC CONDITION LEFT UNTREATED:

RISK # 1

Heart: Twice as likely to have heart problems & strokes.

RISK # 2

Feet: Ten times likelier to have toes and feet removed.

RISK # 3

Eyes: Problems with vision, some may lead to blindness.

RISK # 4

Ears: Twice as likely to have some type of hearing loss.

RISK # 5

Teeth: Higher risk for gum disease, which may lead to tooth loss.

RISK # 6

Kidneys: May fail & lead to regular dialysis and/or a transplant.

ONE OF THE MOST IMPORTANT WAYS TO MANAGE DIABETES IS BY TESTING!

FOR MORE INFORMATION,

EMAIL: DIABETES@EACHMEMBER.ORG

CALL: (479) 431-6762 AND MENTION THE E3 PROGRAM



MORE INFORMATION ON MANAGING DIABETES CAN BE FOUND HERE:

<https://www.cdc.gov/diabetes/managing/problems.html>

<https://www.webmd.com/diabetes/guide/risks-complications-uncontrolled-diabetes>