Importance of Immunization
Are you making sure you and/or your children are receiving needed immunizations?

Immunization is critical to the health of children and adults

- In order to protect individuals and communities from vaccine-preventable diseases and outbreaks, it is essential to maintain or reinstate routine vaccination(s) during the COVID-19 pandemic.
- This is especially important to consider with the upcoming influenza season - do your part to help reduce the impact of respiratory illnesses and help lessen the burden on the healthcare system.

Take preventive action - questions to ask your doctor before you go

- What are their requirements regarding mask wearing by staff and visitors?
- What cleaning protocols and sanitizing measures are in place?
- How about social distancing practices at check-in, in waiting areas and in exam rooms?
- Are there limits on the number of people who can be in the clinic at the same time?
- Are there screening questions and temperature checks for staff and visitors at all entrances?
- Any special measures, spatial isolation or instructions for people who have or may have COVID-19?
- How are doctors and other staff using personal protective equipment (PPE)?

Key Takeaways

- Routine vaccination prevents illnesses that lead to unnecessary medical visits, hospitalizations and further strain the healthcare system.
- If you have a condition that requires you to go to the doctor, it's important that you go. Doctors are doing everything they can to reduce the risk that you'll pick up the virus there.
- Make sure to review your immunizations and update as necessary.

Click here for guidelines based on your age for vaccines

- Get Shots to Protect Your Health (Age 50 or Older)
- Get Shots to Protect Your Health (Ages 19 to 49)
- Get Your Child the HPV Vaccine
- Get Your Child’s Shots on Schedule
- Get Your Pre-teen’s Shots on Schedule
- Protect Yourself from Hepatitis B
- Protect Yourself from Seasonal Flu

Sources:  
CDC  
Mayo Clinic  

Employers' Advanced Cooperative on Healthcare